

CLASIFICACIÓN GENERAL



Fecha **27/04/2024**

XXXIX CARRERA POPULAR EL CAÑO 2024

Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
1	2163	JAVIER ROSADO SANZ	CD ATLETISMO TARANCÓN	SENIOR MAS	1	1	0:15:28	3:05	00:30:58	--	3:05
2	2117	JAVIER GARCIA PEZUELA	CD ATLETISMO TARANCÓN	SENIOR MAS	2	2	0:15:29	3:05	00:31:26	+ 00:00:27	3:08
3	748	DOMINGO CUEVAS ARMERO	RUNFASTER	SENIOR MAS	3	3	0:15:55	3:11	00:31:57	+ 00:00:58	3:11
4	2143	ALFONSO MENDOZA BARBA	CD ATLETISMO TARANCÓN	SENIOR MAS	4	4	0:15:56	3:11	00:32:14	+ 00:01:15	3:13
5	2109	JONATAN DÍAZ CUERVO	CD ATLETISMO TARANCÓN	SENIOR MAS	5	6	0:15:59	3:11	00:32:19	+ 00:01:20	3:13
6	888	SERGIO ALGARRA DEL CASTILLO	RUJAMAR ATLETISMO CUENCA	SUB 25 MAS	1	5	0:15:56	3:11	00:32:41	+ 00:01:43	3:16
7	547	JESUS PONCE PEREZ	C.A. VILLARTA	VETERANO A MAS	1	7	0:16:14	3:14	00:33:07	+ 00:02:09	3:18
8	105	ANTONIO CEREZO LÓPEZ	C.A. CAMPILLO	VETERANO A MAS	2	8	0:16:33	3:18	00:33:41	+ 00:02:42	3:22
9	707	JULIÁN VIRGILI ESPADA	C.A. MINGLANILLA	SENIOR MAS	6	11	0:16:59	3:23	00:34:27	+ 00:03:28	3:26
10	175	ALFONSO EXPOSITO GIMENEZ	CLUB ATLETISMO INIESTA	VETERANO A MAS	3	10	0:16:56	3:23	00:34:28	+ 00:03:29	3:26
11	824	SAUL ORDOÑO LARRODA	C.A. VALVERDE DE JUCAR	VETERANO A MAS	4	14	0:17:22	3:28	00:34:36	+ 00:03:37	3:27
12	751	ÁLVARO DEL SAZ NAVARRO	CD ATLETISMO TARANCÓN	SUB 25 MAS	2	9	0:16:41	3:20	00:34:39	+ 00:03:40	3:27
13	634	JESUS SALVADOR GONZALEZ	C.A. CAMPILLO	VETERANO A MAS	5	16	0:17:22	3:28	00:34:47	+ 00:03:48	3:28
14	2179	JAVIER TRIGUERO ATIENZA	RUNFASTER	VETERANO B MAS	1	12	0:17:21	3:28	00:34:48	+ 00:03:49	3:28
15	967	JAVIER MANZANARES AMOR	C.A. CORRELIGERO CUENCA	SUB 25 MAS	3	13	0:17:21	3:28	00:34:55	+ 00:03:56	3:29
16	2093	PABLO BENITO MARTINEZ	RUNFASTER	VETERANO A MAS	6	15	0:17:22	3:28	00:35:15	+ 00:04:16	3:31
17	1210	RAUL PICAZO CARRILERO	C.A. HONRUBIA	SENIOR MAS	7	19	0:17:43	3:32	00:35:19	+ 00:04:20	3:31
18	182	JAVIER FERNANDEZ ISIDRO	C.A. REAJO FONTENSE	VETERANO A MAS	7	17	0:17:36	3:31	00:35:20	+ 00:04:21	3:32
19	339	GABRIEL LERMA GOMEZ	C.A. VILLARTA	SENIOR MAS	8	18	0:17:41	3:32	00:35:20	+ 00:04:22	3:32
20	2162	JOSE MARIA ROSADO CALVENTE	CD ATLETISMO TARANCÓN	VETERANO B MAS	2	20	0:17:51	3:34	00:36:03	+ 00:05:04	3:36
21	595	PABLO RUBIO MARTINEZ	C.A. MINGLANILLA	SENIOR MAS	9	21	0:17:52	3:34	00:36:04	+ 00:05:05	3:36
22	2154	SAMUEL PRADEL ALBENDEA	CD ATLETISMO TARANCÓN	SENIOR MAS	10	26	0:18:16	3:39	00:36:14	+ 00:05:15	3:37
23	633	IVÁN SALTO MOTA	RUNFASTER	SENIOR MAS	11	22	0:17:54	3:34	00:36:19	+ 00:05:20	3:37
24	783	MANUEL IBORRA GARROTE	C.A. CORRELIGERO CUENCA	SENIOR MAS	12	27	0:18:17	3:39	00:36:43	+ 00:05:44	3:40
25	2106	ALEJANDRO DE NIEVES MARTINEZ	RUNFASTER	SUB 25 MAS	4	25	0:18:16	3:39	00:36:46	+ 00:05:47	3:40
26	1088	MIGUEL CASTELLANO PEREZ	Clínica Alejandro Sanz	VETERANO B MAS	3	24	0:18:07	3:37	00:36:58	+ 00:05:59	3:41
27	524	JUAN ANTONIO PEÑARRUBIA MARTI	C.A. MINGLANILLA	SENIOR MAS	13	28	0:18:17	3:39	00:36:58	+ 00:06:00	3:41
28	826	JORGE PARDO TERROSO	C.A. VILLARTA	SUB 25 MAS	5	31	0:18:34	3:42	00:36:59	+ 00:06:00	3:41
29	2112	SIXTO DONALONSO FRAILE	Club Atletismo San Fernando de	VETERANO A MAS	8	29	0:18:17	3:39	00:37:15	+ 00:06:17	3:43
30	424	JULIAN MENA MONTOYA	CD ATLETISMO TARANCÓN	VETERANO A MAS	9	23	0:18:00	3:36	00:37:23	+ 00:06:24	3:44
31	714	DAVID ZARCO RODRÍGUEZ	C.A. MOTEÑO	VETERANO A MAS	10	34	0:18:51	3:46	00:37:59	+ 00:07:00	3:47
32	2184	CARLOS GONZALEZ HERRERO	LINCE DE PARLA	VETERANO B MAS	4	33	0:18:43	3:44	00:38:15	+ 00:07:16	3:49
33	1245	JUAN TORRES ABAD	C.A. MINGLANILLA	SENIOR MAS	14	30	0:18:34	3:42	00:38:18	+ 00:07:19	3:49

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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
34	984	ROBERTO MONTERO MARTÍNEZ	C.A. MINGLANILLA	SENIOR MAS	15	32	0:18:37	3:43	00:38:26	+ 00:07:28	3:50
35	439	SANTIAGO MONTEJANO ROMERA	C.A. EL PINAR - EJEVIAL	VETERANO B MAS	5	36	0:19:04	3:48	00:38:38	+ 00:07:39	3:51
36	2141	SERGIO MARTÍNEZ SÁNCHEZ	Running villarejo	VETERANO A MAS	11	38	0:19:11	3:50	00:38:47	+ 00:07:48	3:52
37	2127	TOMÁS GONZÁLEZ GIL	Casf	VETERANO B MAS	6	35	0:18:58	3:47	00:38:51	+ 00:07:53	3:53
38	968	JOSE LUIS MANZANARES DOMINGUEC	A CORRELIGERO CUENCA	VETERANO B MAS	7	37	0:19:09	3:49	00:38:53	+ 00:07:54	3:53
39	784	ALVARO INIESTA TEBAR	C.A. VILLARTA	SENIOR MAS	16	43	0:19:25	3:53	00:38:54	+ 00:07:55	3:53
40	2140	JUAN MANUEL MARTINEZ MORENO	Running villarejo	SUB 25 MAS	6	46	0:19:29	3:53	00:38:57	+ 00:07:58	3:53
41	1093	IRENE DE LA TORRE ORTEGA	CD ATLETISMO TARANCÓN	SENIOR FEM	1	47	0:19:29	3:53	00:38:57	+ 00:07:58	3:53
42	2118	MICHELE GARCIA RASPEÑO	CD ATLETISMO TARANCÓN	SENIOR FEM	2	45	0:19:29	3:53	00:38:58	+ 00:07:59	3:53
43	2119	RAUL GARCIA ZAFRA	CLUB ATLETISMO SAN FERNADO	VETERANO B MAS	8	40	0:19:17	3:51	00:39:00	+ 00:08:01	3:54
44	35	JOAQUIN ARAQUE JIMENEZ	C.A REAJO FONTENSE	VETERANO B MAS	9	41	0:19:24	3:52	00:39:09	+ 00:08:10	3:54
45	903	ZACARIAS ANTONIO CASANOVA MAF	C.D. ZANCARA CANFORRALES	VETERANO A MAS	12	42	0:19:25	3:53	00:39:35	+ 00:08:36	3:57
46	2123	LORENA GIRONDA REYES	CD ATLETISMO TARANCÓN	SENIOR FEM	3	44	0:19:29	3:53	00:39:39	+ 00:08:40	3:57
47	652	ANTONIO SANTOS SEGOVIA	C.A. HONRUBIA	VETERANO A MAS	13	39	0:19:17	3:51	00:39:50	+ 00:08:51	3:59
48	361	CARLOS LOPEZ TOMAS	C.A. EL PINAR - EJEVIAL	VETERANO A MAS	14	65	0:20:21	4:04	00:39:55	+ 00:08:56	3:59
49	334	FERNANDO LEÓN GARCÍA	C.D. JORGE MANRIQUE	VETERANO C MAS	1	48	0:19:30	3:54	00:40:02	+ 00:09:03	4:00
50	912	PEDRO DEL POZO COLMENERO	RUJAMAR ATLETISMO CUENCA	VETERANO A MAS	15	58	0:20:07	4:01	00:40:04	+ 00:09:05	4:00
51	572	MARCOS REFUSTA MANCHEÑO	C.A REAJO FONTENSE	VETERANO A MAS	16	50	0:19:54	3:58	00:40:11	+ 00:09:12	4:01
52	830	ELICIO PEÑA PIQUERAS	C.A. VILLARTA	SENIOR MAS	17	49	0:19:53	3:58	00:40:21	+ 00:09:23	4:02
53	1917	SUSANA ARRIOLS VILLASEVIL	Tortugas del Ensanche	VETERANA A FEM	1	53	0:19:59	3:59	00:40:23	+ 00:09:24	4:02
54	2126	ALEJO MIGUEL GONZÁLEZ AZA	Tortugas del Ensanche	VETERANO A MAS	17	52	0:19:59	3:59	00:40:23	+ 00:09:24	4:02
55	2156	JESUS REQUENA OLMEDA	Tortugas del Ensanche	VETERANO B MAS	10	56	0:20:00	4:00	00:40:23	+ 00:09:24	4:02
56	1025	ALBER RECUENCO GARCIA	Rujamar Trail Team	VETERANO A MAS	18	51	0:19:58	3:59	00:40:30	+ 00:09:31	4:03
57	79	JUAN CARLOS CANO LOPEZ	RUJAMAR ATLETISMO CUENCA	VETERANO B MAS	11	57	0:20:01	4:00	00:40:31	+ 00:09:33	4:03
58	813	TOMÁS ANTONIO MONTOYA SEVILL	C.A. HONRUBIA	SENIOR MAS	18	60	0:20:18	4:03	00:40:33	+ 00:09:34	4:03
59	347	JAVIER LÓPEZ CABALLERO	C.A. VILLAMAYOR	SENIOR MAS	19	63	0:20:20	4:04	00:40:39	+ 00:09:40	4:03
60	522	PEDRO JOSÉ PEÑALVER RODRÍGUE	C.A. MOTEÑO	VETERANO A MAS	19	66	0:20:22	4:04	00:40:39	+ 00:09:40	4:03
61	771	ROSARIO GÓMEZ NÚÑEZ	CLUB ATLETISMO INIESTA	VETERANA B FEM	1	55	0:20:00	4:00	00:40:43	+ 00:09:44	4:04
62	1066	JUAN ANTONIO ZAMBRANO RODRIG	C.A. VILLAMAYOR	VETERANO A MAS	20	64	0:20:20	4:04	00:40:58	+ 00:09:59	4:05
63	132	JULIAN CUENCA GOMEZ	C.A REAJO FONTENSE	VETERANO B MAS	12	61	0:20:20	4:04	00:41:01	+ 00:10:02	4:06
64	2114	VÍCTOR ESTESO DE LAMO	CD ATLETISMO TARANCÓN	SENIOR MAS	20	67	0:20:23	4:04	00:41:01	+ 00:10:02	4:06
65	638	SANDRA SANCHEZ GARCÍA	C.A CORRELIGERO CUENCA	VETERANA B FEM	2	71	0:20:29	4:05	00:41:08	+ 00:10:09	4:06
66	446	JUAN CARLOS MORALES GONZALEZ	C.A REAJO FONTENSE	VETERANO B MAS	13	62	0:20:20	4:04	00:41:13	+ 00:10:14	4:07

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
67	2132	SERGIO LOZANO RAYO	CD ATLETISMO TARANCÓN	SENIOR MAS	21	54	0:20:00	4:00	00:41:17	+ 00:10:18	4:07
68	497	MIGUEL ORTEGA OLIVARES	RUJAMAR ATLETISMO CUENCA	VETERANO C MAS	2	68	0:20:25	4:05	00:41:19	+ 00:10:20	4:07
69	1096	JAVIER DELGADO GALINDO	C.A. TROTTERUS	SENIOR MAS	22	74	0:20:49	4:09	00:41:30	+ 00:10:31	4:09
70	1193	JAVIER NUÉVALOS GARRIDO	C.A. MINGLANILLA	VETERANO A MAS	21	70	0:20:27	4:05	00:41:50	+ 00:10:52	4:11
71	1168	MIGUEL ANGEL MARTÍNEZ GARCÍA	C.A. MINGLANILLA	SENIOR MAS	23	69	0:20:27	4:05	00:41:52	+ 00:10:53	4:11
72	224	RAFAEL GARCIA MARTINEZ	C.A. QUINTANAR DEL REY	VETERANO A MAS	22	73	0:20:40	4:08	00:41:54	+ 00:10:55	4:11
73	2098	JOSÉ LUIS CASERO CANO	C.A.MOTEÑO	VETERANO A MAS	23	76	0:20:54	4:10	00:41:57	+ 00:10:59	4:11
74	2104	JORGE DE LA PEÑA GORDO	RUNFASTER	VETERANO B MAS	14	59	0:20:18	4:03	00:42:00	+ 00:11:02	4:12
75	94	FLORENTINO CASAMAYOR CANTER	C.D. ZANCARA CANFORRALES	VETERANO A MAS	24	77	0:20:55	4:11	00:42:02	+ 00:11:03	4:12
76	2103	MARCO ANTONIO DE LA OSSA MART	Club Deportivo Huélamo (Cuenca	VETERANO A MAS	25	72	0:20:37	4:07	00:42:12	+ 00:11:13	4:13
77	725	CARLOS BARCHIN FLORES	C.D. ZANCARA CANFORRALES	VETERANO A MAS	26	82	0:21:13	4:14	00:42:17	+ 00:11:18	4:13
78	1012	EMILIO PÉREZ MENDOZA	C.A REAJO FONTENSE	VETERANO A MAS	27	81	0:21:09	4:13	00:42:22	+ 00:11:23	4:14
79	842	ESTEBAN ROMERO ALMENDROS	RUJAMAR ATLETISMO CUENCA	VETERANO A MAS	28	75	0:20:49	4:09	00:42:25	+ 00:11:26	4:14
80	2096	RAÚL CANTARERO DE LA OSSA	CD ATLETISMO TARANCÓN	VETERANO A MAS	29	85	0:21:22	4:16	00:42:28	+ 00:11:29	4:14
81	491	ALVARO ORDOÑEZ LOZOYA	C.A. HONRUBIA	SUB 25 MAS	7	78	0:21:03	4:12	00:42:35	+ 00:11:36	4:15
82	663	PABLO SERRANO MOYA	ARGAMASILLA DE ALBA	VETERANO C MAS	3	90	0:21:39	4:19	00:42:39	+ 00:11:40	4:15
83	161	MARIA JOSE ENGRA ORDEN	C.D. GAMO MOTILLA	VETERANA A FEM	2	79	0:21:05	4:13	00:42:46	+ 00:11:47	4:16
84	332	ASCENSIÓN LEAL RODRIGUEZ	C.D. GAMO MOTILLA	VETERANA B FEM	3	86	0:21:29	4:17	00:42:47	+ 00:11:48	4:16
85	58	SANTIAGO BERNARDO MARTINEZ	C.A. RUNNING JARA	VETERANO B MAS	15	87	0:21:29	4:17	00:42:50	+ 00:11:51	4:17
86	183	JOSE MARIA FERNANDEZ ISIDRO	C.A REAJO FONTENSE	VETERANO A MAS	30	84	0:21:21	4:16	00:42:53	+ 00:11:54	4:17
87	376	DAVID MANZANARES MUÑOZ	C.A REAJO FONTENSE	VETERANO A MAS	31	80	0:21:08	4:13	00:42:59	+ 00:12:01	4:17
88	881	MIGUEL ÁNGEL ZAMARRA GARRIDO	CD ATLETISMO TARANCÓN	VETERANO C MAS	4	83	0:21:17	4:15	00:43:03	+ 00:12:04	4:18
89	776	DAVID GUILLÉN LAPEÑA	RUJAMAR ATLETISMO CUENCA	VETERANO B MAS	16	95	0:21:43	4:20	00:43:08	+ 00:12:10	4:18
90	2144	ESTHEFANY MONTERO ROSAS	Running villarejo	SENIOR FEM	4	89	0:21:33	4:18	00:43:10	+ 00:12:11	4:19
91	2133	NICOLAS LYSENKO	INDEPENDIENTE	SUB 25 MAS	8	107	0:22:28	4:29	00:43:14	+ 00:12:15	4:19
92	2097	JONAS CAÑETE	C.A REAJO FONTENSE	SENIOR MAS	24	100	0:21:55	4:23	00:43:14	+ 00:12:15	4:19
93	852	SERGIO SÁEZ MUÑOZ	C.A REAJO FONTENSE	VETERANO A MAS	32	88	0:21:29	4:17	00:43:31	+ 00:12:33	4:21
94	152	MIGUEL DIAZ GARCIA	C.A. HONRUBIA	VETERANO B MAS	17	96	0:21:44	4:20	00:43:34	+ 00:12:35	4:21
95	110	BELEN CHOCANO VILLANUEVA	C.A. VALVERDE DE JUCAR	VETERANA A FEM	3	103	0:22:00	4:24	00:43:36	+ 00:12:38	4:21
96	957	EDUARDO LOPEZ MONSALVEZ	C.A. MINGLANILLA	SENIOR MAS	25	93	0:21:41	4:20	00:43:47	+ 00:12:48	4:22
97	988	SONIA MORENO MASSO	C.A. VILLARTA	SENIOR FEM	5	91	0:21:39	4:19	00:43:49	+ 00:12:50	4:22
98	189	RAUL FERRER ESCUDERO	C.A REAJO FONTENSE	VETERANO C MAS	5	94	0:21:42	4:20	00:43:57	+ 00:12:59	4:23
99	214	JUAN ANTONIO GARCIA DEL OLMO	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	18	101	0:22:00	4:24	00:44:02	+ 00:13:03	4:24

CLASIFICACIÓN GENERAL



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Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
100	2128	CRISTIAN GUERRERO PALOMAR	Triatlón Leganes	VETERANO A MAS	33	99	0:21:55	4:23	00:44:03	+ 00:13:04	4:24
101	1102	VICTOR FALCAO DUARTE	C.A. MINGLANILLA	VETERANO A MAS	34	92	0:21:41	4:20	00:44:08	+ 00:13:09	4:24
102	1146	DAVID LEAL CANO	C.A. MINGLANILLA	VETERANO A MAS	35	97	0:21:44	4:20	00:44:15	+ 00:13:17	4:25
103	1024	JESUS PUIG CUESTA	C.A. MINGLANILLA	VETERANO A MAS	36	98	0:21:53	4:22	00:44:25	+ 00:13:26	4:26
104	2116	MARIA ISABEL GARCIA MARTINEZ	RUNFASTER	SUB 25 FEM	1	111	0:22:29	4:29	00:44:46	+ 00:13:47	4:28
105	510	JOSE LUIS PAÑOS MARTINEZ	C.D. ZANCARA CANFORRALES	VETERANO B MAS	19	113	0:22:31	4:30	00:44:54	+ 00:13:55	4:29
106	209	ALBERTO GARCÍA BEJARANO	RUNFASTER	SENIOR MAS	26	112	0:22:30	4:30	00:44:59	+ 00:14:00	4:29
107	6	JULIAN ALARCON SANTOS	C.D. ZANCARA CANFORRALES	VETERANO A MAS	37	102	0:22:00	4:24	00:45:01	+ 00:14:02	4:30
108	559	NACOR ABEL RABADAN IZQUIERDO	C.A. HONRUBIA	VETERANO A MAS	38	118	0:22:38	4:31	00:45:04	+ 00:14:05	4:30
109	1222	SERGIO ROBERTO SAEZ	C.A. MINGLANILLA	SENIOR MAS	27	114	0:22:33	4:30	00:45:05	+ 00:14:06	4:30
110	2107	MANUEL DEL RIO GARRIDO	C. D. Bohondillo	SENIOR MAS	28	123	0:22:40	4:32	00:45:05	+ 00:14:06	4:30
111	1100	ROBERTO ESPADA GARCIA	C.A. MINGLANILLA	SENIOR MAS	29	126	0:22:45	4:33	00:45:05	+ 00:14:06	4:30
112	594	ANA BELEN RUBIO GARCIA	SAN LORENZO DE LA PARRILLA	VETERANA B FEM	4	106	0:22:19	4:27	00:45:07	+ 00:14:08	4:30
113	196	PEDRO DAMIAN FRIAS ORTEGA	C.A. RUNNING JARA	VETERANO B MAS	20	109	0:22:29	4:29	00:45:18	+ 00:14:20	4:31
114	2099	EDUARDO CASTILLO ENRIQUEZ	CD ATLETISMO TARANCÓN	SENIOR MAS	30	115	0:22:35	4:31	00:45:19	+ 00:14:21	4:31
115	582	JOAQUÍN RODAS LÓPEZ	A.D. CERVERA DEL LLANO	VETERANO A MAS	39	122	0:22:40	4:32	00:45:19	+ 00:14:21	4:31
116	96	LUIS CASTILLEJO GALLARDO	C.A. CAMPILLO	VETERANO D MAS	1	125	0:22:43	4:32	00:45:24	+ 00:14:25	4:32
117	910	ANTONIO JOSÉ CORTIJO JAREÑO	C. A. LA CAÑADA DE LA RODA	VETERANO A MAS	40	119	0:22:39	4:31	00:45:28	+ 00:14:29	4:32
118	238	FRANCISCO JOSÉ GARRIDO CRUZ	CD ATLETISMO TARANCÓN	VETERANO B MAS	21	108	0:22:28	4:29	00:45:39	+ 00:14:41	4:33
119	1080	JOSE ANTONIO BLASCO NUEVALOS	C.A. MINGLANILLA	SENIOR MAS	31	104	0:22:10	4:26	00:45:43	+ 00:14:44	4:34
120	2166	EDUARDO SALMERÓN CÓRDOBA	RUNFASTER	SENIOR MAS	32	127	0:22:45	4:33	00:45:45	+ 00:14:46	4:34
121	1026	SERGIO REDONDO GIRÓN	C.A. SAN CLEMENTE	VETERANO A MAS	41	128	0:22:50	4:34	00:45:51	+ 00:14:53	4:35
122	955	ROCIO LOPEZ GOMEZ	RUJAMAR ATLETISMO CUENCA	SENIOR FEM	6	110	0:22:29	4:29	00:45:53	+ 00:14:54	4:35
123	698	ANTONIO VARGAS GUTIERREZ	C.A. EL PINAR - EJEVIAL	VETERANO B MAS	22	117	0:22:37	4:31	00:45:55	+ 00:14:56	4:35
124	362	SERGIO LÓPEZ TORRIJOS	C.A REAJO FONTENSE	SENIOR MAS	33	130	0:23:04	4:36	00:45:55	+ 00:14:56	4:35
125	308	JULIAN JIMÉNEZ ESPADA	C.A REAJO FONTENSE	VETERANO A MAS	42	131	0:23:04	4:36	00:45:56	+ 00:14:57	4:35
126	674	TERESA TEJEDA TORRIJOS	C.A CORRELIGERO CUENCA	SENIOR FEM	7	120	0:22:39	4:31	00:45:56	+ 00:14:57	4:35
127	526	PATRICIA PERAL MOYA	RUJAMAR ATLETISMO CUENCA	SENIOR FEM	8	105	0:22:13	4:26	00:46:11	+ 00:15:12	4:37
128	2135	JAVIER MARTÍNEZ DOMÍNGUEZ	CD ATLETISMO TARANCÓN	SUB 25 MAS	9	160	0:23:59	4:47	00:46:13	+ 00:15:15	4:37
129	423	VICTOR MENA MARTINEZ	C.A. QUINTANAR DEL REY	SENIOR MAS	34	116	0:22:36	4:31	00:46:16	+ 00:15:17	4:37
130	448	CARLOS MORENO LOPEZ-SOLORZANO	C.A. HONRUBIA	VETERANO B MAS	23	129	0:22:52	4:34	00:46:18	+ 00:15:19	4:37
131	1236	ANDRES SERRANO GRIGORUTA	SAN LORENZO DE LA PARRILLA	SUB 25 MAS	10	140	0:23:23	4:40	00:46:21	+ 00:15:22	4:38
132	33	ANTONIO ANTON SANCHEZ	amiCUs a correr	VETERANO B MAS	24	121	0:22:39	4:31	00:46:23	+ 00:15:24	4:38

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
133	2153	JOSÉ JAVIER PORRAS RUBIO	CD ATLETISMO TARANCÓN	SENIOR MAS	35	136	0:23:22	4:40	00:46:23	+ 00:15:25	4:38
134	1155	JAIME LOPEZ PONCE	C.A. VILLARTA	SUB 25 MAS	11	137	0:23:23	4:40	00:46:24	+ 00:15:25	4:38
135	1148	CRISTIAN MIGUEL LEÓN DÍAZ DE CEIC.A REAJO FONTENSE		VETERANO A MAS	43	148	0:23:39	4:43	00:46:29	+ 00:15:30	4:38
136	2110	GREGORIO DIAZ GARCÍA	CD ATLETISMO TARANCÓN	VETERANO B MAS	25	133	0:23:12	4:38	00:46:32	+ 00:15:33	4:39
137	695	VICTOR VALENCIA LEÓN	A.D. CERVERA DEL LLANO	SUB 25 MAS	12	139	0:23:23	4:40	00:46:38	+ 00:15:39	4:39
138	1070	JORGE ERNESTO ALEMAN ANTELO	C.D. GAMO MOTILLA	SENIOR MAS	36	143	0:23:31	4:42	00:46:39	+ 00:15:40	4:39
139	471	ANGEL NAVARRO CEJALVO	C.D. GAMO MOTILLA	VETERANO B MAS	26	142	0:23:30	4:42	00:46:39	+ 00:15:40	4:39
140	627	JOAQUIN SAIZ PEREZ	C.A. RUNNING JARA	VETERANO D MAS	2	144	0:23:32	4:42	00:46:42	+ 00:15:43	4:40
141	2100	MIGUEL CHACÓN MONTALBO	INDEPENDIENTE	SENIOR MAS	37	146	0:23:34	4:42	00:46:43	+ 00:15:44	4:40
142	2101	VICENTE CHAVES GRANDE	RUNFASTER	SENIOR MAS	38	147	0:23:35	4:43	00:46:43	+ 00:15:45	4:40
143	146	PEDRO DE TORRES MUÑOZ	INDEPENDIENTE	VETERANO B MAS	27	124	0:22:41	4:32	00:46:52	+ 00:15:54	4:41
144	163	IÑAKI ESCOBAR CALVO	C.A. MOTEÑO	SENIOR MAS	39	135	0:23:18	4:39	00:46:56	+ 00:15:57	4:41
145	766	ANGEL GARCIA ESCRIBANO	C.D. GAMO MOTILLA	VETERANO A MAS	44	141	0:23:30	4:42	00:46:57	+ 00:15:58	4:41
146	512	SUSANA PARDO AYUSO	C.D. GAMO MOTILLA	VETERANA A FEM	4	145	0:23:33	4:42	00:46:57	+ 00:15:58	4:41
147	895	DANIEL CABALLERO HURTADO	C. A. REAJO FONTENSE	SENIOR MAS	40	165	0:24:01	4:48	00:46:59	+ 00:16:00	4:41
148	390	SANTIAGO MARTINEZ DELGADO	C.A. HONRUBIA	VETERANO B MAS	28	149	0:23:39	4:43	00:47:02	+ 00:16:03	4:42
149	711	SERGIO ZAMARRA MARTINEZ	C.A REAJO FONTENSE	SENIOR MAS	41	157	0:23:53	4:46	00:47:07	+ 00:16:08	4:42
150	2145	DANIEL MORALES MORENO	INDEPENDIENTE	SENIOR MAS	42	153	0:23:41	4:44	00:47:09	+ 00:16:11	4:42
151	827	JULIÁN PARRA CLEMENTE	RUNFASTER	SENIOR MAS	43	152	0:23:40	4:44	00:47:10	+ 00:16:11	4:43
152	2095	TOMAS BRIÑAS NAVARRO	Running villarejo	VETERANO C MAS	6	134	0:23:15	4:39	00:47:16	+ 00:16:17	4:43
153	2175	JESÚS TORRECILLA MORILLAS	INDEPENDIENTE	SENIOR MAS	44	151	0:23:40	4:44	00:47:27	+ 00:16:28	4:44
154	2176	RUBÉN TORRECILLA MORILLAS	INDEPENDIENTE	SENIOR MAS	45	150	0:23:39	4:43	00:47:37	+ 00:16:38	4:45
155	615	MANUEL RUIZ-GÓMEZ DE FEZ	amiCUs a correr	VETERANO C MAS	7	163	0:24:00	4:48	00:48:00	+ 00:17:01	4:48
156	1161	ENRIQUE MACIAN SEGARRA	C.A. MINGLANILLA	VETERANO A MAS	45	154	0:23:45	4:45	00:48:04	+ 00:17:05	4:48
157	1104	SERGIO FRAILE VALDÉS	INDEPENDIENTE	VETERANO A MAS	46	156	0:23:49	4:45	00:48:05	+ 00:17:06	4:48
158	736	MARTA CARRASCO MARTINEZ	C.A. VILLARTA	SENIOR FEM	9	162	0:23:59	4:47	00:48:15	+ 00:17:17	4:49
159	1206	JUAN ANTONIO PEÑARRUBIA GARCÍA	C.A. VILLARTA	SENIOR MAS	46	158	0:23:58	4:47	00:48:17	+ 00:17:18	4:49
160	237	PEDRO JOSE GARRIDO ANGUIX	C.A. VILLARTA	VETERANO B MAS	29	159	0:23:58	4:47	00:48:18	+ 00:17:19	4:49
161	1209	PEDRO PEREZ VILLALBA	C.A. VILLARTA	VETERANO B MAS	30	167	0:24:02	4:48	00:48:23	+ 00:17:24	4:50
162	493	RUFINO ORDÓÑEZ MUNERA	C.A. EL PINAR - EJEVIAL	VETERANO A MAS	47	155	0:23:46	4:45	00:48:26	+ 00:17:28	4:50
163	1147	ANTONIO LEAL CANO	C.A. MINGLANILLA	VETERANO A MAS	48	168	0:24:02	4:48	00:48:33	+ 00:17:34	4:51
164	927	JOSE LUIS GAMBOA RAZOLA	RUJAMAR ATLETISMO CUENCA	VETERANO B MAS	31	164	0:24:00	4:48	00:48:43	+ 00:17:44	4:52
165	2111	PEDRO JESÚS DOMÍNGUEZ ALCÁZAFCD ATLETISMO TARANCÓN		VETERANO B MAS	32	243	0:26:58	5:23	00:48:43	+ 00:17:44	4:52

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Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
166	962	EMILIO JOSE LOZANO CARRILERO	C. A. LA CAÑADA DE LA RODA	VETERANO A MAS	49	184	0:24:56	4:59	00:48:44	+ 00:17:45	4:52
167	2182	JOSE DAVID MORENO GARCÍA	A.D. CERVERA DEL LLANO	VETERANO A MAS	50	138	0:23:23	4:40	00:48:53	+ 00:17:54	4:53
168	2164	LUIS SAEZ SABIDO	CD ATLETISMO TARANCÓN	SUB 25 MAS	13	161	0:23:59	4:47	00:48:55	+ 00:17:56	4:53
169	2139	JULIÁN MARTÍNEZ LOZANO	CLUB ATLETISMO MONTALBO	VETERANO A MAS	51	166	0:24:02	4:48	00:48:57	+ 00:17:58	4:53
170	1121	ALEJANDRO GOMEZ CAMPOS	C.A. TROTTERUS	SENIOR MAS	47	185	0:24:56	4:59	00:48:58	+ 00:17:59	4:53
171	1226	CLARA ISABEL RUIZ PEÑA	CD ATLETISMO TARANCÓN	VETERANA B FEM	5	170	0:24:09	4:49	00:49:00	+ 00:18:01	4:54
172	724	EUSEBIO BALLSTEROS LÓPEZ	CD ATLETISMO TARANCÓN	VETERANO B MAS	33	171	0:24:10	4:50	00:49:00	+ 00:18:01	4:54
173	1117	JOSÉ DAMIÁN GARRIDO FRESNEDA	C.A. MINGLANILLA	SENIOR MAS	48	180	0:24:41	4:56	00:49:07	+ 00:18:08	4:54
174	2180	RAQUEL ZAFRA PANADERO	RUNFASTER	SENIOR FEM	10	176	0:24:28	4:53	00:49:22	+ 00:18:24	4:56
175	2120	MANUEL GARRIDO	INDEPENDIENTE	VETERANO B MAS	34	172	0:24:18	4:51	00:49:32	+ 00:18:33	4:57
176	2113	YOLANDA ESPACIOS GARCÍA	INDEPENDIENTE	VETERANA B FEM	6	173	0:24:19	4:51	00:49:32	+ 00:18:33	4:57
177	891	J. GERARDO BERNARDO MARTINEZ	C.A. RUNNING JARA	VETERANO A MAS	52	179	0:24:38	4:55	00:49:37	+ 00:18:38	4:57
178	2151	CRISTIAN PEINADO BLAZQUEZ	C.A El bonillo	SENIOR MAS	49	174	0:24:23	4:52	00:49:40	+ 00:18:41	4:58
179	1103	ÁLVARO FERNÁNDEZ LÓPEZ	CD ATLETISMO TARANCÓN	SUB 25 MAS	14	188	0:25:10	5:02	00:49:42	+ 00:18:43	4:58
180	1144	JOSE LUIS JIMÉNEZ LÓPEZ	C.A REAJO FONTENSE	SENIOR MAS	50	189	0:25:11	5:02	00:49:44	+ 00:18:45	4:58
181	2125	JOSÉ ANTONIO GÓMEZ MUÑOZ	Carpe Diem	VETERANO A MAS	53	190	0:25:12	5:02	00:49:53	+ 00:18:54	4:59
182	1256	SAMUEL DE LA TORRE ESTEBAN	CD ATLETISMO TARANCÓN	VETERANO A MAS	54	182	0:24:50	4:58	00:49:58	+ 00:18:59	4:59
183	2137	SANTIAGO MARTÍNEZ GARCÍA-BLANCO	CD ATLETISMO TARANCÓN	VETERANO B MAS	35	132	0:23:08	4:37	00:49:58	+ 00:19:00	4:59
184	859	CÉSAR SÁNCHEZ GRANDE CALLEJA	A.D. CERVERA DEL LLANO	SENIOR MAS	51	175	0:24:23	4:52	00:50:03	+ 00:19:04	5:00
185	791	JOSE CARLOS LOPEZ GARRIDO	C.D. Running Horcajo	VETERANO B MAS	36	183	0:24:55	4:59	00:50:12	+ 00:19:13	5:01
186	1037	HÉCTOR SALVADOR MUNUERA	C.A. MINGLANILLA	SENIOR MAS	52	200	0:25:32	5:06	00:50:19	+ 00:19:21	5:01
187	853	MARIA SAEZ PONCE	C.A. MINGLANILLA	SENIOR FEM	11	187	0:25:10	5:02	00:50:20	+ 00:19:21	5:02
188	277	OSCAR HARO MARTINEZ	C.A. SAN CLEMENTE	SUB 25 MAS	15	207	0:25:55	5:11	00:50:26	+ 00:19:27	5:02
189	780	FRANCISCO HERRERA PINO	C.A. EL PINAR - EJEVIAL	VETERANO D MAS	3	196	0:25:26	5:05	00:50:32	+ 00:19:33	5:03
190	1098	JESUS DIAZ LOPEZ	C.D. ZANCARA CANFORRALES	VETERANO A MAS	55	197	0:25:27	5:05	00:50:33	+ 00:19:35	5:03
191	2169	CRISTIAN SANCHEZ RODRIGUEZ	CD ATLETISMO TARANCÓN	SENIOR MAS	53	169	0:24:08	4:49	00:50:46	+ 00:19:48	5:04
192	886	GUILLERMO ALARCON CARRILERO	C.A. HONRUBIA	SENIOR MAS	54	198	0:25:28	5:05	00:50:48	+ 00:19:49	5:04
193	961	CRISTINA LORENTE ESPADA	C.A. MINGLANILLA	VETERANA A FEM	5	191	0:25:20	5:04	00:50:53	+ 00:19:54	5:05
194	2173	JEFFREY RAMON TAPIA ESPINOSA	5 PICOS TRAIL CUENCA	SENIOR MAS	55	186	0:25:10	5:02	00:50:55	+ 00:19:57	5:05
195	392	PEDRO MARTÍNEZ ESCRIBANO	INDEPENDIENTE	VETERANO C MAS	8	199	0:25:30	5:06	00:51:02	+ 00:20:03	5:06
196	239	MARIA CRISTINA GARRIDO ESPADA	C.A REAJO FONTENSE	VETERANA A FEM	6	193	0:25:21	5:04	00:51:04	+ 00:20:06	5:06
197	290	PEDRO IGNACIO HERVÍAS GRANDE	RUNFASTER	VETERANO A MAS	56	205	0:25:53	5:10	00:51:16	+ 00:20:17	5:07
198	208	DAVID GARCÍA BARAJAS	RUNFASTER	VETERANO A MAS	57	206	0:25:54	5:10	00:51:19	+ 00:20:20	5:07

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
199	453	JESUS ANGEL MOYA BELINCHON	C.A. HONRUBIA	VETERANO C MAS	9	204	0:25:47	5:09	00:51:23	+ 00:20:25	5:08
200	675	JOSE IGNACIO TEJEDA TORRIJOS	C.A CORRELIGERO CUENCA	SENIOR MAS	56	194	0:25:25	5:05	00:51:28	+ 00:20:29	5:08
201	686	MARIA LUCIA TORRIJOS LAIN	C.A CORRELIGERO CUENCA	VETERANA C FEM	1	195	0:25:25	5:05	00:51:28	+ 00:20:29	5:08
202	2124	ALMUDENA GÓMEZ MARTÍNEZ	C.A El bonillo	SUB 25 FEM	2	202	0:25:39	5:07	00:51:35	+ 00:20:37	5:09
203	1003	TRINI PEÑARANDA MARTINEZ	C.A. RUNNING JARA	VETERANA A FEM	7	208	0:26:05	5:13	00:51:41	+ 00:20:42	5:10
204	1137	OLGA HEREDIA LOPEZ	C.A. VALVERDE DE JUCAR	VETERANA A FEM	8	214	0:26:15	5:15	00:51:46	+ 00:20:47	5:10
205	882	ARTURO ZAMORA PEÑARANDA	C.A. VILLARTA	VETERANO D MAS	4	203	0:25:44	5:08	00:51:51	+ 00:20:52	5:11
206	832	ÁNGELA PÉREZ FERNÁNDEZ	CD ATLETISMO TARANCÓN	SUB 25 FEM	3	178	0:24:30	4:54	00:51:54	+ 00:20:55	5:11
207	1171	JUAN MARTINEZ TORNERO	C.A. RUNNING VILLARROBLEDO	VETERANO B MAS	37	181	0:24:49	4:57	00:51:59	+ 00:21:01	5:11
208	971	ARTURO MARISCAL MOTA	C.A REAJO FONTENSE	SENIOR MAS	57	192	0:25:20	5:04	00:52:05	+ 00:21:06	5:12
209	2138	MARÍA MARTÍNEZ GIRÓN	RUJAMAR ATLETISMO CUENCA	SENIOR FEM	12	212	0:26:10	5:14	00:52:11	+ 00:21:13	5:13
210	1212	IONEL POPOVICI	C.D. ZANCARA CANFORRALES	VETERANO A MAS	58	210	0:26:09	5:13	00:52:14	+ 00:21:15	5:13
211	835	RODOLFO PIQUERAS MARTINEZ	C.A. VILLARTA	SENIOR MAS	58	211	0:26:09	5:13	00:52:14	+ 00:21:15	5:13
212	1011	DIEGO PÉREZ MARTÍNEZ	INDEPENDIENTE	SENIOR MAS	59	209	0:26:06	5:13	00:52:16	+ 00:21:17	5:13
213	570	JOSE LUIS REDONDO LOPEZ	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	38	244	0:27:01	5:24	00:52:33	+ 00:21:34	5:15
214	317	MANUEL JIMENEZ MOYA	C.A. EL PINAR - EJEVIAL	VETERANO B MAS	39	245	0:27:04	5:24	00:52:33	+ 00:21:34	5:15
215	1224	PILAR ROVIRA RODRIGUEZ	C.A. VILLARTA	VETERANA B FEM	7	218	0:26:22	5:16	00:52:38	+ 00:21:39	5:15
216	2174	ADRIÁN TORNERO SÁNCHEZ	INDEPENDIENTE	SUB 25 MAS	16	177	0:24:30	4:54	00:52:40	+ 00:21:41	5:16
217	262	JUAN CARLOS GÓMEZ VALENCIA	A.D. CERVERA DEL LLANO	VETERANO B MAS	40	222	0:26:34	5:18	00:52:49	+ 00:21:51	5:16
218	1018	CELIA PICAZO RUBIO	C.A. VALVERDE DE JUCAR	SENIOR FEM	13	224	0:26:41	5:20	00:52:52	+ 00:21:53	5:17
219	2146	DAVID MORENO PARAISO	CD ATLETISMO TARANCÓN	VETERANO A MAS	59	220	0:26:26	5:17	00:52:54	+ 00:21:55	5:17
220	2183	ALBERTO CARMONA PÉREZ	RUNFASTER	VETERANO A MAS	60	232	0:26:44	5:20	00:52:54	+ 00:21:55	5:17
221	2121	CAROLINA GARRIDO CAÑETE	CD ATLETISMO TARANCÓN	VETERANA A FEM	9	219	0:26:26	5:17	00:52:56	+ 00:21:57	5:17
222	1154	MARÍA LUISA LÓPEZ MUÑOZ	CD ATLETISMO TARANCÓN	VETERANA B FEM	8	225	0:26:41	5:20	00:52:57	+ 00:21:58	5:17
223	221	MARIA ISABEL GARCIA GUIJARRO	SAN LORENZO DE LA PARRILLA	VETERANA C FEM	2	235	0:26:46	5:21	00:53:07	+ 00:22:09	5:18
224	538	MIGUEL PICAZO MUÑOZ	C.A. QUINTANAR DEL REY	VETERANO B MAS	41	201	0:25:39	5:07	00:53:12	+ 00:22:13	5:19
225	848	ANA RUIZ CONTRERAS	C.A. VILLARTA	VETERANA A FEM	10	238	0:26:53	5:22	00:53:14	+ 00:22:15	5:19
226	2160	ADOLFINA ROJAS	RUNFASTER	SENIOR FEM	14	231	0:26:44	5:20	00:53:15	+ 00:22:16	5:19
227	148	JULIÁN DELGADO MARTÍNEZ	RUNFASTER	VETERANO C MAS	10	233	0:26:44	5:20	00:53:16	+ 00:22:17	5:19
228	2161	PAULINO SALVADOR ROJAS ROJAS	Tortugas del Ensanche	VETERANO B MAS	42	255	0:27:40	5:32	00:53:21	+ 00:22:22	5:20
229	764	MATIAS GARCIA BAUTISTA	C.A. VALVERDE DE JUCAR	SENIOR MAS	60	230	0:26:43	5:20	00:53:24	+ 00:22:25	5:20
230	649	FELIPE ANGEL SANTIGO MOTA	C.A. VALVERDE DE JUCAR	VETERANO C MAS	11	227	0:26:42	5:20	00:53:24	+ 00:22:25	5:20
231	864	MARIAN SERRANO FERNANDEZ	C.A. MINGLANILLA	VETERANA A FEM	11	213	0:26:11	5:14	00:53:30	+ 00:22:31	5:21

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
232	1164	VIDAL MARTINEZ ARGENTE	C.A. MINGLANILLA	VETERANO A MAS	61	216	0:26:17	5:15	00:53:30	+ 00:22:31	5:21
233	241	LIBER GARRIDO GONZALEZ	C.A. VILLARTA	VETERANA C FEM	3	226	0:26:42	5:20	00:53:37	+ 00:22:38	5:21
234	1153	JAIME E. LOPEZ MORENO	C.A. VILLARTA	VETERANO B MAS	43	236	0:26:47	5:21	00:53:39	+ 00:22:41	5:21
235	1022	MARÍA POVEDA MARTÍNEZ	C.A REAJO FONTENSE	VETERANA A FEM	12	229	0:26:43	5:20	00:53:40	+ 00:22:42	5:22
236	677	ANALIA TEVAR MINAYA	C.A. RUNNING JARA	VETERANA A FEM	13	234	0:26:46	5:21	00:53:49	+ 00:22:50	5:22
237	1095	BEATRIZ DEL VALLE GONZALEZ	C.A. MINGLANILLA	VETERANA B FEM	9	241	0:26:57	5:23	00:53:51	+ 00:22:52	5:23
238	937	BEATRIZ GONZALEZ ESPADA	C.A. MINGLANILLA	VETERANA A FEM	14	221	0:26:28	5:17	00:53:59	+ 00:23:01	5:23
239	998	ESTELA PALOMARES PEREZ	C.A. MINGLANILLA	SENIOR FEM	15	215	0:26:17	5:15	00:54:10	+ 00:23:11	5:25
240	1065	JULIÁN VIRGILI OCHANDO	C.A. MINGLANILLA	VETERANO B MAS	44	217	0:26:18	5:15	00:54:10	+ 00:23:11	5:25
241	2108	ANA MARÍA DEL SOL BERMEJO	Running villarejo	VETERANA B FEM	10	256	0:27:41	5:32	00:54:17	+ 00:23:18	5:25
242	2155	JUAN ANTONIO RAMÓN OLAYO	Running villarejo	VETERANO A MAS	62	259	0:27:43	5:32	00:54:18	+ 00:23:19	5:25
243	2136	ANA MARTINEZ ESPADA	CD ATLETISMO TARANCÓN	VETERANA B FEM	11	223	0:26:40	5:20	00:54:23	+ 00:23:24	5:26
244	2157	MONICA REVENGA RODRIGUEZ	Tortugas del Ensanche	VETERANA B FEM	12	272	0:28:30	5:42	00:54:23	+ 00:23:25	5:26
245	502	RAFAEL PAEZ CASTRO	C.A. SAN CLEMENTE	VETERANO B MAS	45	257	0:27:42	5:32	00:54:26	+ 00:23:27	5:26
246	364	AMPARO LOPEZ ZOMEÑO	C.A. RUNNING JARA	VETERANA B FEM	13	237	0:26:50	5:22	00:54:42	+ 00:23:43	5:28
247	541	FERNANDO PLASENCIA CUENCA	C.A. HONRUBIA	VETERANO A MAS	63	251	0:27:24	5:28	00:55:03	+ 00:24:04	5:30
248	1202	MARÍA PASCUAL RUIZ	INDEPENDIENTE	VETERANA A FEM	15	242	0:26:57	5:23	00:55:04	+ 00:24:05	5:30
249	1231	ROCIO SALCEDO VALLADOLID	CLUB ATLETISMO MONTALBO	SENIOR FEM	16	260	0:27:46	5:33	00:55:05	+ 00:24:06	5:30
250	215	JAIME GARCIA ESCUDERO	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	46	258	0:27:42	5:32	00:55:06	+ 00:24:07	5:30
251	53	JULIAN BENITEZ PEREZ	C.A. HONRUBIA	VETERANO B MAS	47	240	0:26:54	5:22	00:55:07	+ 00:24:08	5:30
252	2094	ALINA BORODAY YALOVENKO	RUJAMAR ATLETISMO CUENCA	SENIOR FEM	17	246	0:27:04	5:24	00:55:10	+ 00:24:11	5:31
253	2115	VICENTE GARCIA BEJARANO	RUNFASTER	SENIOR MAS	61	248	0:27:12	5:26	00:55:13	+ 00:24:15	5:31
254	1077	ANA BALLESTEROS JAVEGA	C.D. ZANCARA CANFORRALES	VETERANA A FEM	16	249	0:27:22	5:28	00:55:19	+ 00:24:20	5:31
255	899	ANA ISABEL CANTARERO TORRIJOS	C.A REAJO FONTENSE	VETERANA A FEM	17	250	0:27:22	5:28	00:55:21	+ 00:24:23	5:32
256	2131	LETICIA LÓPEZ HERRERO	CLUB ATLETISMO ALMORADIEL	VETERANA A FEM	18	254	0:27:36	5:31	00:55:26	+ 00:24:28	5:32
257	1106	ANTONIO FUENTES OLMEDA	C.A. VALVERDE DE JUCAR	VETERANO A MAS	64	264	0:28:10	5:38	00:55:31	+ 00:24:33	5:33
258	187	ALBERTO FERNÁNDEZ RUIZ	C.A. RUNNING JARA	VETERANO A MAS	65	228	0:26:42	5:20	00:55:41	+ 00:24:42	5:34
259	717	MANUEL ALVAREZ	RUJAMAR ATLETISMO CUENCA	VETERANO B MAS	48	247	0:27:12	5:26	00:55:44	+ 00:24:45	5:34
260	2130	VICTOR MANUEL HUERTA GUIJARRCVILLAREJO PERIESTEBAN		SENIOR MAS	62	262	0:27:54	5:34	00:55:50	+ 00:24:51	5:35
261	39	MARIANO ARROYO GUIJARRO	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	49	263	0:27:56	5:35	00:55:51	+ 00:24:52	5:35
262	1013	CONCORDIO PÉREZ PINILLA	C.A. RUNNING JARA	VETERANO C MAS	12	253	0:27:31	5:30	00:55:55	+ 00:24:56	5:35
263	2172	FRANCISCO MANUEL SERRANO ANA INDEPENDIENTE		VETERANO B MAS	50	275	0:28:32	5:42	00:55:56	+ 00:24:57	5:35
264	2170	LEONOR SANTOS DE BENITO	Tortugas del Ensanche	VETERANA A FEM	19	279	0:28:34	5:42	00:56:07	+ 00:25:08	5:36

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Distancia 10000 metros

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
265	631	ANGEL SALAMANCA FERNANDEZ	C.A. VILLAMAYOR	VETERANO C MAS	13	273	0:28:31	5:42	00:56:17	+ 00:25:18	5:37
266	1211	CONSUELO PONCE MORENO	C.A. VILLARTA	VETERANA A FEM	20	239	0:26:54	5:22	00:56:20	+ 00:25:21	5:38
267	1034	RIÁNSARES SAIZ MANSO	C.A REAJO FONTENSE	VETERANA A FEM	21	252	0:27:31	5:30	00:56:24	+ 00:25:25	5:38
268	2165	BEATRIZ SALA GALVÁN	Tortugas del Ensanche	SENIOR FEM	18	269	0:28:22	5:40	00:56:40	+ 00:25:41	5:40
269	2159	MARIO RIVERA LOBATO	Tortugas del Ensanche	SENIOR MAS	63	268	0:28:22	5:40	00:56:42	+ 00:25:43	5:40
270	342	ALFREDO LLORENS MORENO	C.A. VALVERDE DE JUCAR	VETERANO D MAS	5	274	0:28:32	5:42	00:56:51	+ 00:25:52	5:41
271	1238	MARIA ISABEL SOLERA MARTINEZ	C.D. ZANCARA CANFORRALES	SENIOR FEM	19	265	0:28:17	5:39	00:57:12	+ 00:26:13	5:43
272	305	MANUEL JAVEGA GRANERO	INDEPENDIENTE	VETERANO D MAS	6	266	0:28:21	5:40	00:57:13	+ 00:26:15	5:43
273	820	LUZ NAVARRO GUIJARRO	C.A. VILLARTA	VETERANA B FEM	14	277	0:28:34	5:42	00:57:15	+ 00:26:17	5:43
274	785	IGNACIO BLAS JIMENEZ SORIA	C.A. VILLARTA	VETERANO A MAS	66	276	0:28:33	5:42	00:57:16	+ 00:26:17	5:43
275	840	JUAN CARLOS REDONDO MOYA	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	51	270	0:28:23	5:40	00:57:24	+ 00:26:26	5:44
276	2149	CECILIA PALOMAR DE LA POLA	LA TRONERA	SIN CATEGORÍA	1	261	0:27:46	5:33	00:57:36	+ 00:26:37	5:45
277	340	VICTOR JOSE LERMA GÓMEZ	C.A. VILLARTA	SENIOR MAS	64	282	0:28:44	5:44	00:57:47	+ 00:26:48	5:46
278	272	ANGEL GUIJARRO GUIJARRO	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	52	299	0:29:23	5:52	00:57:48	+ 00:26:49	5:46
279	145	LOURDES DE LAS HERAS SOLERA	SAN LORENZO DE LA PARRILLA	VETERANA A FEM	22	267	0:28:21	5:40	00:57:51	+ 00:26:52	5:47
280	320	ANGEL JORQUERA SAIZ	SAN LORENZO DE LA PARRILLA	VETERANO C MAS	14	307	0:29:37	5:55	00:57:57	+ 00:26:58	5:47
281	994	JAVIER NAVARRO NAVARRO	C.D. GAMO MOTILLA	VETERANO B MAS	53	280	0:28:41	5:44	00:58:03	+ 00:27:05	5:48
282	1010	PACUALA PEREZ ESCRIBANO	C.D. GAMO MOTILLA	VETERANA B FEM	15	281	0:28:41	5:44	00:58:04	+ 00:27:05	5:48
283	894	M PILAR BURGOS SÁNCHEZ	C.A. MINGLANILLA	VETERANA A FEM	23	288	0:28:56	5:47	00:58:12	+ 00:27:13	5:49
284	954	MARIO LOPEZ DOMINGUEZ	SAN LORENZO DE LA PARRILLA	SENIOR MAS	65	302	0:29:28	5:53	00:58:13	+ 00:27:15	5:49
285	8	DANIEL ALBALADEJO GUIJARRO	SAN LORENZO DE LA PARRILLA	VETERANO A MAS	67	306	0:29:35	5:55	00:58:20	+ 00:27:21	5:50
286	2122	MARÍA DEL ROSARIO GIRÓN GONZÁLEZ	RUJAMAR ATLETISMO CUENCA	VETERANA C FEM	4	289	0:28:56	5:47	00:58:21	+ 00:27:23	5:50
287	343	DUNIA LOAYZA	CLUB ATLETISMO INIESTA	SENIOR FEM	20	301	0:29:27	5:53	00:58:25	+ 00:27:26	5:50
288	2147	MAMEN NOVALBOS MOZOS	Tortugas del Ensanche	VETERANA B FEM	16	287	0:28:51	5:46	00:58:35	+ 00:27:37	5:51
289	2152	VIRGINIA PENA SANZ	Tortugas del Ensanche	VETERANA A FEM	24	286	0:28:51	5:46	00:58:36	+ 00:27:37	5:51
290	2148	ROCIO ORTEGA GARCIA-CONDE	Tortugas del Ensanche	VETERANA B FEM	17	285	0:28:50	5:46	00:58:36	+ 00:27:37	5:51
291	2134	DAVID MAREQUE DIAZ	Tortugas del Ensanche	VETERANO A MAS	68	278	0:28:34	5:42	00:58:36	+ 00:27:37	5:51
292	2105	VICENTE DE LOS RIOS GARCÍA	Tortugas del Ensanche	VETERANO B MAS	54	283	0:28:48	5:45	00:58:37	+ 00:27:38	5:51
293	2092	OSCAR BALLABRIGA ROCA	Tortugas del Ensanche	VETERANO A MAS	69	271	0:28:29	5:41	00:58:38	+ 00:27:39	5:51
294	2167	CESAR SANCHEZ GARZON	SOSPECHOSOS HABITUALES RUNN	VETERANO B MAS	55	292	0:29:02	5:48	00:58:45	+ 00:27:46	5:52
295	774	GEMA GUIJARRO CALLEJA	RUJAMAR ATLETISMO CUENCA	VETERANA A FEM	25	290	0:28:57	5:47	00:58:47	+ 00:27:48	5:52
296	1036	CARMEN SALVADOR LÓPEZ	C.A. CAMPILLO	SUB 25 FEM	4	291	0:28:57	5:47	00:58:48	+ 00:27:49	5:52
297	1052	ALFONSO TORRIJOS HERAS	C.D. GAMO MOTILLA	VETERANO A MAS	70	284	0:28:49	5:45	00:59:00	+ 00:28:01	5:54

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			Tiempo Meta
298	372	PEDRO MARÍA MAIZ CARRETERO	CLUB ATLETISMO EL PERAL	VETERANO B MAS	56	311	0:29:40	5:56	00:59:02	+ 00:28:03	5:54
299	549	LUZ MARÍA PORRAS VALENCIA	C.A. VILLAMAYOR	SENIOR FEM	21	297	0:29:09	5:49	00:59:04	+ 00:28:05	5:54
300	153	JAVIER DÍAZ SÁNCHEZ	C.A. VILLAMAYOR	SENIOR MAS	66	296	0:29:08	5:49	00:59:04	+ 00:28:06	5:54
301	1184	SANDRA MORENO RODRIGUEZ	C.A. VALVERDE DE JUCAR	SENIOR FEM	22	304	0:29:35	5:55	00:59:09	+ 00:28:10	5:54
302	653	ADELA SANTOS SEGOVIA	C.A. HONRUBIA	VETERANA A FEM	26	312	0:29:42	5:56	00:59:10	+ 00:28:12	5:55
303	310	ELISA JIMENEZ FUENTES	SAN LORENZO DE LA PARRILLA	VETERANA B FEM	18	308	0:29:38	5:55	00:59:11	+ 00:28:12	5:55
304	223	ANGEL GARCIA MARCO	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	57	313	0:29:42	5:56	00:59:11	+ 00:28:12	5:55
305	1014	MARIA VICENTA PEREZ REQUENA	C.A. MINGLANILLA	VETERANA B FEM	19	294	0:29:03	5:48	00:59:17	+ 00:28:18	5:55
306	760	ADRIAN FERNANDEZ LASERNA	C.A. HONRUBIA	SENIOR MAS	67	314	0:29:50	5:58	00:59:20	+ 00:28:21	5:56
307	651	YOLANDA SANTOS SEGOVIA	C.A. HONRUBIA	VETERANA A FEM	27	316	0:29:50	5:58	00:59:20	+ 00:28:21	5:56
308	950	EMIR ANTONIO LEMUS REYES	C.A. MINGLANILLA	SENIOR MAS	68	319	0:30:11	6:02	00:59:44	+ 00:28:46	5:58
309	409	JOSE MARIA MARTINEZ PARREÑO	C.A. VILLARTA	VETERANO B MAS	58	295	0:29:04	5:48	00:59:51	+ 00:28:52	5:59
310	1174	MARIA OLIMPIA MOLDOVAL	C.A. VALVERDE DE JUCAR	VETERANA A FEM	28	303	0:29:35	5:55	00:59:52	+ 00:28:53	5:59
311	84	PEDRO JESUS CAÑAS MAGAN	RUJAMAR ATLETISMO CUENCA	VETERANO D MAS	7	293	0:29:02	5:48	00:59:59	+ 00:29:00	5:59
312	799	CRISTINA MARCO CARRASCO	C.A. VILLARTA	SENIOR FEM	23	318	0:30:01	6:00	01:00:37	+ 00:29:38	6:03
313	391	MANUEL MARTINEZ ESCRIBANO	C.D. GAMO MOTILLA	VETERANO C MAS	15	309	0:29:39	5:55	01:00:44	+ 00:29:46	6:04
314	641	MARTA SANCHEZ JUSTO	C.A. VALVERDE DE JUCAR	VETERANA A FEM	29	317	0:29:51	5:58	01:00:45	+ 00:29:46	6:04
315	1006	JULIA PEÑARRUBIA NUEVALOS	C.A. MINGLANILLA	SENIOR FEM	24	298	0:29:21	5:52	01:00:48	+ 00:29:49	6:04
316	2177	ANGEL TORRES TORRECILLA	Tortugas del Ensanche	VETERANO C MAS	16	320	0:30:27	6:05	01:01:03	+ 00:30:04	6:06
317	2142	LAURA MARTINEZ VICENTE	RUJAMAR ATLETISMO CUENCA	VETERANA A FEM	30	310	0:29:39	5:55	01:01:30	+ 00:30:31	6:09
318	26	AGAPITO ALONSO ESCRICH	C.A. VALVERDE DE JUCAR	VETERANO B MAS	59	305	0:29:35	5:55	01:02:02	+ 00:31:03	6:12
319	202	SALVADOR GALLARDO ZAMORA	CLUB ATLETISMO MONTALBO	VETERANO B MAS	60	315	0:29:50	5:58	01:02:03	+ 00:31:05	6:12
320	250	MARIA DEL MAR GOMEZ BLESA	C.A. VILLARTA	VETERANA B FEM	20	321	0:30:46	6:09	01:02:06	+ 00:31:08	6:12
321	1227	NEREA SAEZ LEAL	C.A. MINGLANILLA	SUB 25 FEM	5	300	0:29:27	5:53	01:02:20	+ 00:31:21	6:14
322	1233	ALICIA SÁNCHEZ HERRERO	RUJAMAR ATLETISMO CUENCA	VETERANA C FEM	5	330	0:31:18	6:15	01:02:46	+ 00:31:47	6:16
323	2	ANGELES ALARCON CARRION	RUJAMAR ATLETISMO CUENCA	VETERANA A FEM	31	325	0:31:05	6:13	01:02:54	+ 00:31:55	6:17
324	1019	LOLA PINEDA MARTÍNEZ	RUJAMAR ATLETISMO CUENCA	VETERANA B FEM	21	329	0:31:18	6:15	01:02:54	+ 00:31:55	6:17
325	731	KAREN CAÑADA ARMERO	C.A. CAMPILLO	SUB 25 FEM	6	328	0:31:15	6:15	01:02:59	+ 00:32:00	6:17
326	966	MARÍA PILAR MACIAN SEGARRA	C.A. MINGLANILLA	VETERANA A FEM	32	327	0:31:15	6:15	01:02:59	+ 00:32:00	6:17
327	303	ANGEL JAREÑO TEMPRADO	C.D. GAMO MOTILLA	VETERANO C MAS	17	324	0:31:05	6:13	01:02:59	+ 00:32:00	6:17
328	98	MARIA ROSARIO CASTILLO PEREZ	CLUB ATLETISMO INIESTA	VETERANA C FEM	6	326	0:31:13	6:14	01:03:06	+ 00:32:07	6:18
329	430	ISABEL MINAYA MOTILLA	C.A. RUNNING JARA	VETERANA C FEM	7	332	0:31:47	6:21	01:03:28	+ 00:32:29	6:20
330	1125	CELIA GONZÁLEZ DEL VALLE	C.A. MINGLANILLA	SUB 25 FEM	7	322	0:30:54	6:10	01:03:28	+ 00:32:29	6:20

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Distancia **10000 metros**

Pos	Dorsal	Nombre	Equipo	CATEGORIA	P.Cat.	PASO INTERMEDIO			Dif.	Velocidad	
						Pos	Tiempo	Vel			
331	1208	PILAR PEREZ REQUENA	C.A. MINGLANILLA	VETERANA A FEM	33	323	0:30:55	6:11	01:03:29	+ 00:32:30	6:20
332	292	JUAN CARLOS HONTANGAS SERRANRUJAMAR	ATLETISMO CUENCA	VETERANO B MAS	61	331	0:31:45	6:21	01:05:12	+ 00:34:13	6:31
333	2129	FCO. GINES HUERTA BENAVENTE	Running villarejo	VETERANO A MAS	71	333	0:31:57	6:23	01:05:36	+ 00:34:37	6:33
334	657	ASCENSION SEGOVIA ROMERO	C.A. HONRUBIA	VETERANA B FEM	22	334	0:33:20	6:40	01:07:15	+ 00:36:16	6:43
335	141	JULIAN CULEBRAS ALGARRA	SAN LORENZO DE LA PARRILLA	VETERANO A MAS	72	336	0:33:29	6:41	01:07:27	+ 00:36:28	6:44
336	528	JESUS PEREZ GARCIA	SAN LORENZO DE LA PARRILLA	VETERANO B MAS	62	335	0:33:28	6:41	01:07:27	+ 00:36:28	6:44
337	337	JUAN MANUEL LERIN LOPEZ	SAN LORENZO DE LA PARRILLA	VETERANO C MAS	18	338	0:35:14	7:02	01:13:04	+ 00:42:05	7:18
338	616	ESPERANZA SAEZ ALVAREZ	C.A. VILLARTA	VETERANA B FEM	23	337	0:35:13	7:02	01:13:04	+ 00:42:05	7:18
339	467	ALFONSA NAVARRO ALARCON	C.A. QUINTANAR DEL REY	VETERANA B FEM	24	339	0:41:06	8:13	01:24:10	+ 00:53:11	8:25
340	2150	MIGUEL A. PALOMAR SÁNCHEZ	LA TRONERA	VETERANO B MAS	63	340	0:57:38	11:31	01:24:27	+ 00:53:28	8:26
	10	FRANCISCO ALBARES ALBARES	C.A REAJO FONTENSE	VETERANO C MAS			0:22:39	4:31	::		
	136	SANDRA CUENCA VILLANUEVA	RUNFASTER	SENIOR FEM			0:30:48	6:09	::		
	455	VICENTE MOYA GARCIA	C.A. HONRUBIA	VETERANO B MAS			0:28:06	5:37	::		
	809	ALBERTO MOLINA CASADO	C.A. VILLARTA	VETERANO A MAS			0:26:06	5:13	::		
	1074	ROCIO ANGUIX MARTINEZ	C.A. VILLARTA	SENIOR FEM			0:38:07	7:37	::		
	2091	JULIO AUCALLANCHI REYES	Tortugas del Ensanche	SENIOR MAS			0:19:24	3:52	::		